

SmartCare set-up in Estonia

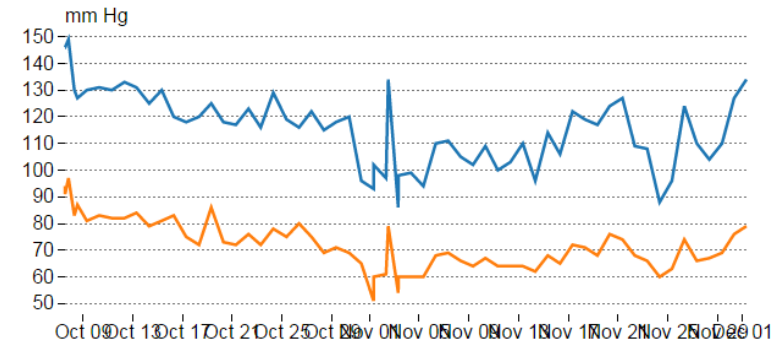
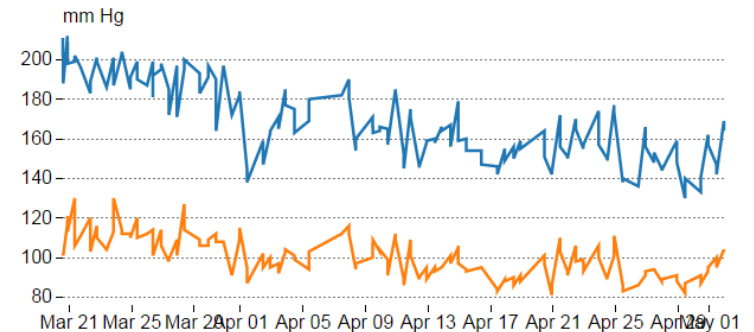


- Integrate health, social and informal care using ICT
- Common platform for different care providers
- Remote health and social monitoring
- Reporting home activities electronically

Main positive impacts



- Enables to act fast
- Information exchange between care providers
- 60% of participants are willing to continue
- Following Estonian E-health strategy



Lessons learned



- Family health centre would be the best gateway for finding suitable participants
- Social alarm service needs to be more flexible to meet the needs of elderly people
- Technology is well advanced, but change management is required
- Participating professionals are convinced that integrated care is the right service for elderly with complex needs